

BREAKFAST

WAFFLES VG

Whole Wheat Waffles with Maple Syrup and Mixed Berries

Additional Charge for Extra Toppings:
Mixed Berries; Bananas; Walnuts;
Peanut Butter; Almonds; Dark Chocolate
Add Chicken Schnitzel (+6.75)

TEX MEX GF

Over Easy Eggs, Pico de Gallo, Black Beans, Potatoes, Sliced Avocado, Chive Mix
Add Steak (+6.75)

POWER OATMEAL VG GF

Gluten-Free Oatmeal, Quinoa, Coconut Milk, Raw Honey

CHOOSE ONE TOPPING:

Additional Charge for Extra Toppings:
Strawberries; Blueberries; Bananas; Walnuts;
Peanut Butter; Almonds; Dark Chocolate

BRUNCH

BACON, EGG & CHEESE

Turkey Bacon, Over Easy Eggs, Cheddar Cheese, Mixed Greens, Basil-Tomato, Vegan Aioli, Sourdough

BERRY BOWL VG GF

Strawberries, Blueberries, Raw Honey

GREEK YOGURT VG

Served with Raw Honey and Granola

CHOOSE ONE TOPPING:

Additional Charge for Extra Toppings:
Strawberries, Blueberries, Bananas,
Peanut Butter, Almonds

PB & BANANA VG GF

Homemade Peanut Butter, Bananas, Raw Honey
Make it a toast for an additional charge

SPECIALTY DRINKS

HOT

8 Oz / 12 Oz

ICED

16 Oz / 20 Oz

SIGNATURE REFRESHERS

HIBISCUS SUNSET	5 / 5.5
ICED MATCHA ROSE	7 / 7.5
SUGAR SNAP PEA GINGER BEER	7 / 7.5
CHILI VERDE LIMEADE	6.5 / 7
YUZU MATCHA FIZZ	6.5
LAVENDER LEMONADE	4.75 / 5.25

ESPRESSO BASED

NUT & HONEY LATTE	5 / 5.5
MAGIC MIND LATTE	6.5 / 7

OTHER

LONDON FOG TEA	4.75 / 5.25
HB NUTTY ICED	4.5 / 5
OR HOT CHOCOLATE (Contains Nuts)	
GOLDEN MILK LATTE	5 / 5.5

COFFEE

HOT OR ICED COFFEE	3.25 / 3.75
CAFE LATTE	4.5 / 5
AMERICANO	4 / 4.5
ESPRESSO	3.75
CAPPUCCINO	4.5 / 5
CAFE AU LAIT	3.5 / 4
CAFE MOCHA (Contains Nuts)	5 / 5.5



Honeybrains MENU

Order Online At [HONEYBRAINS.COM](https://www.honeybrains.com)

CATERING

(917) 472 - 7682

cateringteam@honeybrains.com

www.catering.honeybrains.com

BREAKFAST LUNCH DINNER

FLATIRON 34 West 22nd Street
917 - 472 - 7682

NOHO 372 Lafayette Street
646 - 678 - 4092

SAKS 611 Fifth Avenue, 5th Floor
646 - 226 - 6238

TRIBECA 136 Church Street
Opening Soon

UWS 495 Amsterdam Avenue
Opening Fall '25

@honeybrainslife

VG Vegan VG Vegetarian GF Gluten Free



SALADS

- COBB** (GF) 15.5
Free-Range Chicken, Turkey Bacon,
8 Minute Egg, Avocado, Grape Tomatoes,
Spiced Walnuts, Zaatar Spiced Chickpeas,
Blue Cheese, Mixed Greens
- CHOPPED THAI** (VG) (GF) 12.5
Napa Cabbage, Red Cabbage,
Carrots, Edamame, Mango, Cilantro,
Scallions, Peanuts
- GREEN GODDESS** (GF) 12.5
Kale, Avocado, Corn, Pistachios, Red
Chilies, Pickled Red Onions,
Anchovy-Labneh Dressing
- HB FRED'S CHICKEN** (GF) 15.5
Free-Range Chicken, Mixed Greens,
Apples, Edamame, Grape Tomatoes,
Red Onions, Avocado, Walnuts

SANDWICHES

- HB CHICKEN SANDWICH** 12.5
Baked Chicken Schnitzel, Mixed Greens,
Basil Tomato, Pickled Red Onions,
Vegan Aioli, Sourdough
- TUNA SANDWICH** 12.5
Tuna, 8 Minute Egg, Spinach,
Basil Tomato, Vegan Aioli, Sourdough
- GRILLED KIM-CHEESE SANDWICH** 10
Kimchi, Cheddar, Mozzarella,
Gochujang, Basil, Vegan Aioli,
Sourdough



SUBSTITUTE GLUTEN FREE BREAD (+2.5)

Ask About Our Seasonal Selection of Dressings

(V) Vegan (VG) Vegetarian (GF) Gluten Free

BOWLS

Each Bowl 10.75 (Protein Not Included)

- ZEN CURRY** (GF) (V)
Coconut Corn Curry, Steamed Spinach,
Mushrooms, Brown Rice,
Pickled Onions
- CHIRASHI** (VG) (Sushi Bowl)
Brown Rice, Nori, Shallots,
Pickled Ginger, Avocado, Cucumbers,
Roasted Scallions, Wasabi Sauce,
Honey Soy

- SUPER SWEET POTATO** (GF) (V)
Sweet Potato Puree, Sautéed
Broccoli, Spinach, Chimichurri, Almonds

- HAWAIIAN BOWL** (V)
Brown Rice, Scallions, Cucumbers,
Avocado, Edamame, Mango Salsa,
Roasted Shallots, Vegan Aioli

- THE FIESTA** (VG)
Brown Rice, Pico de Gallo, Black Beans,
Corn, Avocado, Chive Mix,
Saffron Yogurt

ADD PROTEIN TO ANY BOWL (+6.75)

Miso Salmon, Atlantic Salmon,
Baked Chicken Schnitzel, Paillard Styled Chicken,
Grass-Fed Coffee Steak, Crispy Tofu

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TOASTS & SEASONAL SOUP

- AVOCADO** (V) 11
Avocado, Chia Salt Medley, Chive Mix,
Infused EVOO, Sourdough
*Additional Charge for Toppings:
Pickled Onions, 8 Minute Egg*

- SMOKED SALMON** 11
Smoked Salmon, Labneh, Cucumbers,
Chive Mix, Infused EVOO, Sourdough
*Additional Charge for Toppings:
Pickled Onions, 8 Minute Egg*

- SEASONAL SOUP** 6.5 / 8
Ask About Our Soup Of The Day



SUBSTITUTE GLUTEN FREE BREAD (+2.5)

WRAPS

- CHICKEN** 12.5
Free-Range Chicken, Pico de Gallo,
Spinach, Black Beans, Saffron Yogurt,
Pickled Onions, Pickled Holland
Peppers, Whole Wheat Wrap

- EGG & AVOCADO** (VG) 8.5
Scrambled Eggs, Pico de Gallo,
Spinach, Avocado,
Whole Wheat Wrap
Additional Charge for Cheese, Turkey Bacon

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